

GCA High School Newsletter 2015-2016



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January 2016

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January Writers

Aleeah

Alexis

Alina

Cornelia

Geena

Harley

Imani

Laurie

Lea

Rebekah

Highlight: Cool GCA Clubs

Here at GCA we want our students to be involved in all activities. Beta and Book club are two of the many organizations

Interested in joining Beta Club?

We are a student-centered organization that continually develops and nurtures individuals by providing opportunities and experiences enabling them to demonstrate the ideal of character, achievement, service and leadership in a global community.

If you are interested please watch the link below or kmail Russell Long or Kelley Ergle.

<https://sas.illuminate.com/site/external/jwsdetect/playback.jnlp?psid=2015-08-14.1135.M.C7BC5E3C20B8DE66DC1A4175876435.vcr&sid=559>

Join The AMPC!



The Aspiring Medical Professionals Club consists of a group of intelligent, hard working students who are passionate about the medical field and want to help each other achieve their goals. You do not have to be incredibly knowledgeable or completely decided on what you want to study when you choose to become a part of this club. We are dedicated to informing you of the many amazing career opportunities available in the field and how you can use your skills and passion to help other people or tend to animals. By participating and attending our frequent meetings you will learn what it means to be a medical professional, where you can volunteer and make an impact in the community, and how you can become a medical professional yourself and improve the lives of those around you!



School Events

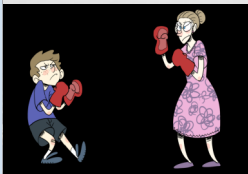
Are you interested in making new friends and meeting your teachers? Well now you can. Each month there are school events held all over Georgia. Do you know your region? If you answered no then you can check out the map below, and this link: <http://www.gacyber.org/regional-contacts.html>. Come join us at an event! This month we are doing planetarium events!



GCA Events!



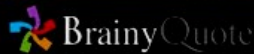
Would you like to play some basketball against your fellow peers and teachers? March 26 @ 12pm. we will be hosting a Student Vs. Factually Basketball Game at Piedmont Park. This event is open to all high school students and GCA Faculty. Sound like fun? If you are interested in joining the student or teacher team please email our student council historian. The best way to contact is gcahssc.historian@gmail.com She would love to have your participation. Do not fear if you can not play basketball, we need cheerleaders as well. We hope to see you there!



Inspirational Quotes

By failing to prepare,
you are preparing to fail.

Benjamin Franklin



LOOK FOR
SOMETHING
POSITIVE IN EACH
DAY, EVEN IF
SOME DAYS YOU
HAVE TO LOOK A
LITTLE HARDER.

RECOVERYEXPERTS.COM

THE MOST
MEMORABLE PEOPLE
IN LIFE WILL BE THE
FRIENDS WHO LOVED
YOU WHEN YOU
WEREN'T VERY
LOVABLE.

To thrive in life you
need three bones.
A wishbone.
A backbone.
And a funny bone.

Reba McEntire

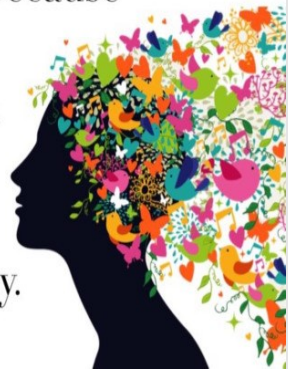
"If you are always
trying to be NORMAL,
you will never know
how AMAZING
you can be."

- Maya Angelou

IN BETWEEN
GOALS IS A
THING CALLED
LIFE, THAT HAS
TO BE LIVED &
ENJOYED.

- SID CAESAR

Be silly. Be fun.
Be different. Be crazy.
Be you, because
life is
too short
to be
anything
but happy.



Things end.
But memories
last forever. ♡

Life is like riding a bicycle.
To keep your balance, you must
keep moving.

- Albert Einstein

SUCCESS IS A
journey.
NOT A
destination.

*The turning point
in the process of
growing up is when you
discover the core of
strength within you
that survives all hurt.*

"
Listening,
is the Secret
to Discover
Great Stories."

whisper words
of **wisdom,**
let it be
~The Beatles

Sometimes
THE
Right Path
IS NOT
THE
Easiest One

Relatable Jokes of the Month

Relatable Post #6353

When the teacher calls on you to read, and you're not even on the right page:



Relatable Post #1317

No matter how many pens I buy, they always "mysteriously" go missing.

Relatable Post #6715

Using parent's money:
I'm gonna buy this and that. And that...\$100? I'm getting it!
Using your own money:
\$3 seems like a bit too much

Every Teenagers # 237
It's funny how we can remember the lyrics to hundred of songs, but can't remember anything when we study for a test.

Relatable Post #2167

Opening your book to the exact page the teacher says, and feeling like god

Relatable Post #3660

Teacher: Come on guys! You did this in 6th grade!
Me: I don't even remember what I had for dinner last night.

Every Teenagers # 24

Study: The act of eating, texting and watching tv with an open textbook nearby.

Teenager Post # 4813

I don't care how old I am, I am going in the bouncy castle.

Teen Derp #395

I die a little inside when I see the word "explain" on a test.

EVERY TEENAGERS # 333

THAT AWKWARD MOMENT WHEN YOU SPELL THE WORD CORRECTLY, BUT IT JUST LOOKS SO WRONG... SO YOU JUST STARE AT IT FOREVER.

This month I would like to tell you about some of the ins and outs of scholarships. I started late on this and have paid the price for it but I have learned a lot from my mistakes. In this article I'd like you to really pay attention because I don't want you to also fall to the same mistakes I did.

Mistakes:

- Don't start your senior year! Some scholarships can be applied for when you turn 13 and some are restricted to juniors and seniors.
- Don't wait until second semester to start! Most scholarship deadlines are in or after September so you won't be getting much done if you start after that time.
- Don't wait until the deadline to actually do it! The people who read the scholarship information are looking for people who show dedication and drive, by waiting until the deadline to do it you're showing that you are possibly a lazy procrastinator. They don't know that you just stumbled across their scholarship that day; they only know the day you filled it out and certainly won't bother asking the circumstances.
- Don't pass up essays scholarships! I know it can be stressful and time consuming to commit to one but it can be very worth it. And if you consider how many other people like you are thinking the same thing about this 500 word essay, your chances of getting the scholarship are greater because they'll likely all pass it up too.

Help:

- GA College 411 has hundreds of scholarships that you can look at and even narrow the search to fit you.
- The GCA counseling site also has a whole list put together of scholarships that fit our school in particular. <http://gcacounseling.com/post-secondary-planning/>
- There are Class Connect session every week for each counselor to help with anything so use that and ask as many questions as you can. You can get the link to this CC and the times from your counselor.
- Scholarship Help CC. Sometimes all the counselors come together and hold one big CC to answer scholarship questions specifically. You can find out about this via Kmail or you can ask your counselor when the next one might be.

Finally, I'd just like to say that this is only the tip of the iceberg. In future articles I will be furthering on this information and trying to help you in any way that I can. As a senior this is also my personal struggle but I want to help you as much as I can. If you have any specific questions contact your counselor. If you want to ask me tell the Student Counsel about it and I will try to address it in an article or email.

~Harley Statum

Music is every where we go. Even if it is background, someone had taken the time to create

Music in Our Lives

Flamenco Dance Overview:

Flamenco is fast, intensive, romantic, and expressive and it only gets better as the music progresses. This dance has the feet stomping fast with rapid arm movements accompanied by music and expressive facial expressions. This dance form has surpassed time and time again and it only becomes more well known as time goes by.

The Flamenco dancer begins by absorbing the music. They take a moment to understand the mood that comes with the strumming of a guitar, the beating of a drum, the vocals of the singer, and once the dancer has felt the jolt of inspiration to dance, the dancer flows into whatever movement that best expresses the story that is being told by the music itself. The process is beautiful, intimate and powerful and it is like traveling to another world. It doesn't matter if the music is slow in melodies or fast with tempos, the professional dancer builds off the music itself and expresses it in the most showing of ways. This dance is a mixture of Moorish, Jewish, Indian, Greek and Roman cultures.

This dance was molded up to what it is today. Both gypsies and other oppressed ethnicities of the past would dance this powerful and expressive dance to embody their emotions and their situations at the time. Gradually it became known for its entertainment purposes and this made this dance became more popular. A duet with a man and a woman is mesmerizing sight to watch. The two dancers lock eyes on each other and build off each other's strength and heat often expressing the passion of the dance along with this sensual attraction and expression that is just mind-bogglingly to see. It is truly a sight worth seeing.

Flamenco dance is separated into four distinct elements which are Cante-Voice, Baile-Dance, Toque- Guitar, and Jaleo. Jaleo is translated to mean "hell raising" which is a combination of

handclapping, foot stomping and shouting for encouragement.

Palo Secos, translates to 'dry styles' which is one of the oldest forms of song. Originally this dance was accompanied by voice, primitive cry or chanting, accompanied by rhythmic beating with a cane or a wooden staff against the hard ground. Some of the oldest known styles are - martinetes; known as the songs of the blacksmiths. A hammer is banged against an anvil to create music. Another old style is Carceleras i.e prison songs and the Debla. Debla was thought to have relations with gypsy religious rite. Cante jondo means "deep song" and the other styles of flamenco is derived from Cante jondo. Without a doubt this dance style is one of the most breathtaking and most passionate way of dancing in all of creation. It is boundless with energy, emotion and strength making it even more stunning and passionate. Flamenco is only one of such great craftsmanship and that makes Flamenco dancing all the more beautiful and inspiring footprints of human kind's ingenuity.

Work Cited: "Flamenco Dance." - History. Enforex, n.d. Web. 14 Jan. 2016. <<http://www.enforex.com/culture/flamenco.html>>.

"Flamenco - History." Andalucia. Andalucia, n.d. Web. 14 Jan. 2016. <<http://www.andalucia.com/flamenco/history.htm>>.

Link: <https://www.youtube.com/watch?v=QLnEjHuMFsA>

The Passage of Seasons Cornelia S.

When you realize it's summer, your heart will open.
You'll pull out every piece of clothing you have. Missing
the way your skirt felt in the wind.

Missing the way your hair curled with the humidity.
Missing the way your smile made you seem free.

Winter was sour Winter was bitter The snowman you
built is now the ice cubes in your lemonade. You're now
understanding what the word refreshing means. Spring
guided you here.

Brought a sense of a safe haven. You can finally breath.
Summer is here, At last you're free. The birds are flying
home. The fireflies are coming to say hello. The grass
is growing just like you. The colors of the world are
brightening. My dear, Enjoy yourself, Live. Allow sum-
mer to bring you joy. My dear, Promise me that you will
enjoy summer as much as it enjoys you.

Pretty Bird

**Pretty bird! Pretty bird,
mine eyes doth love you
best. From thy rainbow
splattered fans to thine
glorious crown**

**Oh vain bird! Hath thou,
you reflection sought in
glass streams and mirror
lakes. Passed o'er folks in
hopes they'd be im-
pressed? Even through
the enchantment of mine
eye, I see you are too
proud .Yet still thy feath-
ers as I will hold as keep-
sakes Pretty bird! Pretty
bird where hath thou
been?**

**O'er plains and hills, past
Jack's and Jill's. Beyond
fair seas, the bluebird to**

shame would put

**Through spiraling castles
with tales yet to begin. To
far shores of Hawksbill's.**

**And 'chanted islands 'pon
which no man's set foot.
Pretty bird! Pretty bird
they journeys at an end**

**Thou hath found a place
to nest and rest thy
crowned head. A cherry
tree shall suffice for thee,
no wandering everywhere**

**Oh joy! A twigged nest
you've got with eggs to
attend, Goodbye dear
bird, your travels reached
an end, but mine hath just
began**

Alina R.

Poetry and Arts

Live Along the Way Aleeah M.

Time Passes you in Flashes:

In the Colors: Orange, Blue and Green.

Then it Stops at Moments In Flashes..

It Slows like a Dream.

You see all the Faces you've been Passing

It Punches you in the Gut.

Then you are Trapped within your own Mak-
ing .Time is chasing you and chasing you;

Just because it is trying to catch up with
you.

You Realize that you are Cheating Yourself
Out of your Own Life!

You are the Reason you are Missing all of
these Moments.

Why can't you just LIVE within the Moment?



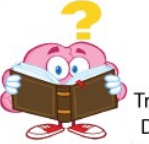





















Why can't you just Live within your own
Path?

Follow your Journey! You have a Choice
here: Either Live Along the Way or Be Lost
Within Your Own Mask

January Holidays

January is full of many holidays. Each day is special.



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|--|--|--|---|---|--|
| | | |  1 New Years Resolutions | |  2 Motivation and Inspiration Day |  3 Fruitcake Toss Day |
|  4 Trivia Day |  5 Weigh in Day |  6 Shortbread Day |  7 I'm Not Going to Take it Any More Day |  8 Bubble Bath Day |  9 Apricot Day |  10 Cut Energy Costs Day |
|  11 Milk Day |  12 Clean off Desk Day |  13 Bean Day |  14 Organize your Home Day |  15 Hat Day |  16 Nothing Day |  17 Hotheads Chili Day |
|  18 Gourmet Coffee Day |  19 Tin Can Day |  20 Penguin Awareness |  21 Squirrel Appreciation Day |  22 Answer Cats Questions Day |  23 Pie Day |  24 Visit Local Quilt Shop Day |
|  25 Soup Swap Day |  26 Spouse's Day |  27 Chocolate Cake Day |  28 Blueberry Pancake Day |  29 Puzzle Day |  30 Croissant Day |  31 Seed Swap Day |

DailyHolidayBlog.com



Eagerly, Weiss opened her eyes to a white morning. Though frost coated her window, she still saw the fresh snow outside. She sprinted downstairs with a wide grin on her face. Even though she watched a horror movie the night before, pure excitement ran through Weiss's veins. Snow didn't fall often, so the girl was determined to enjoy the snow day as long as she could.

"Snow day!" Weiss exclaimed. She plopped herself right next to the shoe closet, stuffing her feet inside her prepared boots. "This. Is. Going to be EPIC!" she announced to herself, wrapping herself into a multi-layer snowball. Snuggle-wuggled in her cotton, white jacket, she opened the door! And then, she found out, "Aw... Trapped-at-home day." One more step further and Weiss would have been waist-deep in snow. Plus, now, she had to clean the shovel of snow that cascaded into her front entrance. She slammed the door with a groan and quickly wiped off the mess with a thousand paper towels.

"Okay, Weiss, just calm down. There's always... next time," she reminded herself. Thinking what else to do, she finally concurred a great idea--making herself some pancakes! But as she got the pan out, she couldn't help but remember that jumpscare from the horror movie. Abruptly dropping the pan, Weiss yelped. "Ahhhh! Stupid horror movie," she whined. She quickly prepared the batter, unable to control her racing heart. "Stop being so scared! It's just a movie!" she thought aloud. Suddenly, while flipping her oddly shaped pancakes, the lights flickered off. "Oh, yay," she nervously smiled.

Weiss snatched a flashlight from the utility closet and tip-toed over to the garage door. Peering inside the hollow chasm, she only saw its ghoulish shadows and murky corners. Hesitantly, Weiss pointed her flashlight and took a careful step down onto the cold floor, slowly walking towards the fusebox. As Weiss took every step, she began to wish the lights would magically come back on as the paranoia toyed with her. Sending the light from her flashlight behind her, she took a quick glimpse. She was sure she saw something--something in the corner of her eye. Abruptly, her heart skipped a beat, and like a bolt of lightning, she was out of there! "I'll just check it later!" She exclaimed.

Weiss sprinted out of the garage and slammed the door shut behind her. Tossing her flashlight away, she set her mind for the kitchen. But just when she placed her first step, a loud crash sounded from above. Weiss jolted out of her thoughts and immediately began to think the worse. "I--Is someone else here?" Step by step, she slowly entered the kitchen, her eyes darting everywhere. "It was just a horror movie; it was just a horror movie..." the girl muttered. Despite her self-assurance, she searched around for anything she could protect herself with.

Swish. Slowly, Weiss turned to the side. On the kitchen table stood a glass full of water. She didn't recall having any. She didn't recall... anything.

Hurriedly, she raced through the hallway, towards the guest bedroom where she knew her good ole' teddy bear was. She ran fast but suddenly stopped. She was in the middle of the hallway, standing still. Weiss couldn't move... It was as if her feet were glued--no, pulled. Something... Someone was tugging on her. Hesitantly, Weiss leered her head behind her.

"AGH!" Weiss shot her eyes open and smacked a pillow beside her. After heavily breathing, she came to realize that she was still alive. "It was just a dream," she faintly smiled. Wiping sweat off her forehead, she turned to the alarm clock only for her to be met with a swishing glass of water.

It wasn't a dream...

Contact Us

Would you like to join Student Council? This school club can be challenging, but rewarding. Email us with a brief description of your interest, and a group of our council members will be contacting you further with information for semester two enrollment. If you have questions you would like answered, a team of highly professional members will answer you directly via email. Our council email is gca.askthecouncil@gmail.com

Do you have Facebook? So do we! If you want to learn more about student council updates send us a friend request. Our name is GCAHS Student Council.

If you are more of a twitter person then that is great as well. Our name on twitter is [@gca_stuco](https://twitter.com/gca_stuco)



SPECIAL THANKS

I would like to thank the girls who have come to every newsletter meeting. Without them I would not have this wonderful Newsletter you are reading today. Thank you Ladies for you were a wonderful help!

To my members: Thank you for attending our meetings. I appreciate your submissions. The word choice was lovely, many emotions were evoked while reading, and I am so thankful for this year together. You are each individual writers, and I am honored to work alongside you all.

Olivia Varallo and Aleeah Muhammad bringing you a newsletter that makes you laugh, smile, and learn.

