

GCA High School Newsletter 2015-2016



February 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
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February Writers

Geena

Laurie

Lea

While reading this month's edition keep track of all the hearts you find. Share the love!

Happy Valentine's Day

Highlight: Cool GCA Clubs



Here at GCA we want our students to be involved in all activities. Beta and Book club are two of the many organizations high school students are encouraged to join.

Interested in joining Beta Club?

We are a student-centered organization that continually develops and nurtures individuals by providing opportunities and experiences enabling them to demonstrate the ideal of character, achievement, service and leadership in a global community.

If you are interested please watch the link below or kmail Russell Long or Kelley Egle.

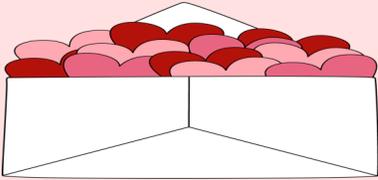
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Join The AMPC!



The Aspiring Medical Professionals Club consists of a group of intelligent, hard working students who are passionate about the medical field and want to help each other achieve their goals. You do not have to be incredibly knowledgeable or completely decided on what you want to study when you choose to become a part of this club. We are dedicated to informing you of the many amazing career opportunities available in the field and how you can use your skills and passion to help other people or tend to animals. By participating and attending our frequent meetings you will learn what it means to be a medical professional, where you can volunteer and make an impact in the community, and how you can become a medical professional yourself and improve the lives of those around you!



School Events

Are you interested in making new friends and meeting your teachers? Well now you can. Each month there are school events held all over Georgia. Do you know your region? If you answered no then you can check out the map below, and this link: <http://www.gacyber.org/regional-contacts.html>. Come join us at an event!



GCA Events!



2016 Heat Wave

Would you like to play some basketball against your fellow peers and teachers? This May we will be hosting a Student Vs. Factually Basketball Game at Grant Park from 12-4pm. This event is open to all high school students and GCA Faculty. Sound like fun? If you are interested in joining the student or teacher team please email our student council historian. Her email is kaylacarmilleanderson@gmail.com. She would love to have your participation. Do not fear if you can not play basketball, we need cheerleaders as well. We hope to see you there!





Inspirational Quotes

I AM STRONG
because I know my Weaknesses

I AM BEAUTIFUL
because I am aware of my Flaws

I AM FEARLESS
because I learnt to recognise, illusion from Real

I AM WISE
because I learn from my Mistakes

I AM A LOVER
because I have felt Hate

and...

I CAN LAUGH
because I have known Sadness

"THE SECRET OF CHANGE IS TO FOCUS ALL OF YOUR ENERGY, NOT ON FIGHTING THE OLD, BUT ON BUILDING THE NEW."

- SOCRATES

*It's not where you are in life;
It's who you have by your side
that matters*



You get in the biggest fights with the people you care the most about because those are the relationships you are willing to fight for.

Cherish your human connections - your relationships with friends and family.

~Barbara Bush

"New beginnings are often disguised as painful endings..."

-Lao Tzu

A relationship is like a house. When a lightbulb burns out you do not go and buy a new house, you fix the light bulb.

Never cry for that person who doesn't know the value of your tears.

www.AwesomeQuotes4u.com

"If you're brave enough to say goodbye, life will reward you with a new hello."

- Paulo Coelho

"HOW DO YOU SPELL 'LOVE'?"
-PIGLET

"YOU DON'T SPELL IT, YOU FEEL IT."
-POOH

NEVER SAY SOMEONE COMPLETES YOU. YOU HAVE TO FEEL COMPLETE ALL ON OUR OWN. INSTEAD, LOOK FOR SOMEONE TO COMPLEMENT your completeness.

Relationship tip#08

Don't change to make someone love you, be yourself and let the right one fall for you.

Relatable Jokes of the Month

Relatable Post #2091

The problem with love:
You can love whoever you want, but so can they

Relatable Post #2043

Call me old fashioned, but I actually take relationships seriously.

Relatable Post #339

When someone calls me ugly I get **super sad** and give them a hug. Life must be **so hard** for the visually impaired.

Relatable Post #348

Facebook should have a limit on times you can update your relationship status, after 3 it should default to "**unstable**"

Relatable Post #6617

It's cute that they sell family sized oreo boxes thinking that people are gonna share them with their family.

Relatable Post #2841

That moment of heartbreak when your pet jumps off your bed and leaves the room.



Strawberry Cupcakes

Ingredients for cake

- 1 cup of fresh strawberries blended
- 2 large eggs
- 1 cup of white sugar
- 1/3 cup vegetable oil
- ½ teaspoon lemon zest
- 1 ½ cups all-purpose flour
- 2 tablespoons baking powder 1/4 teaspoon salt

Ingredients for frosting

- 1 drop of red food coloring
- 2 tablespoons butter softened
- ½ cup confectioner's sugar
- 1/2 teaspoon vanilla extract

Prep 40m Cook time 25m ready in 1h15min

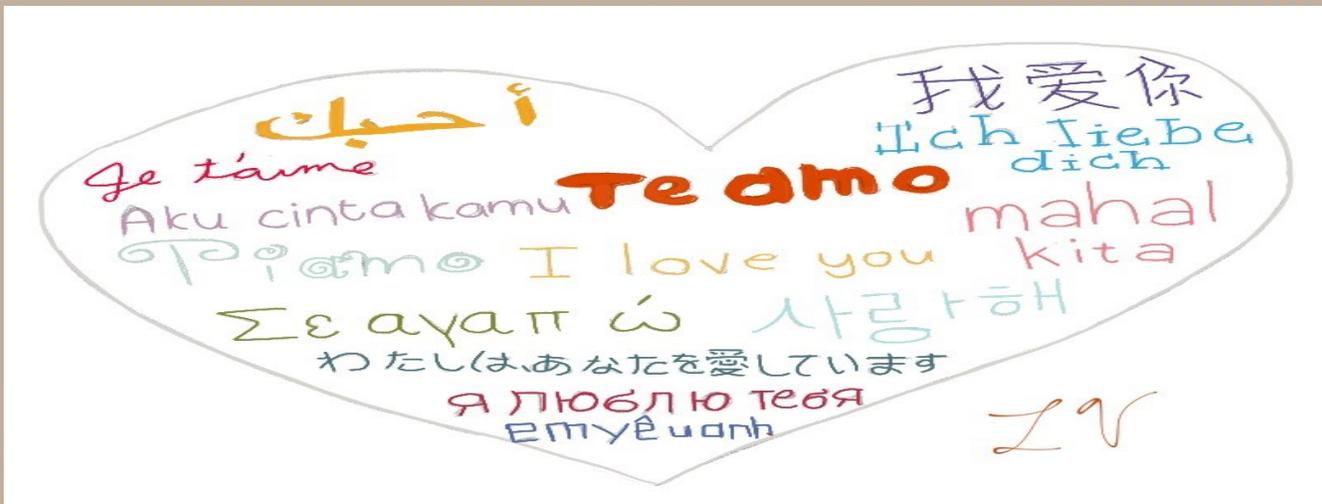
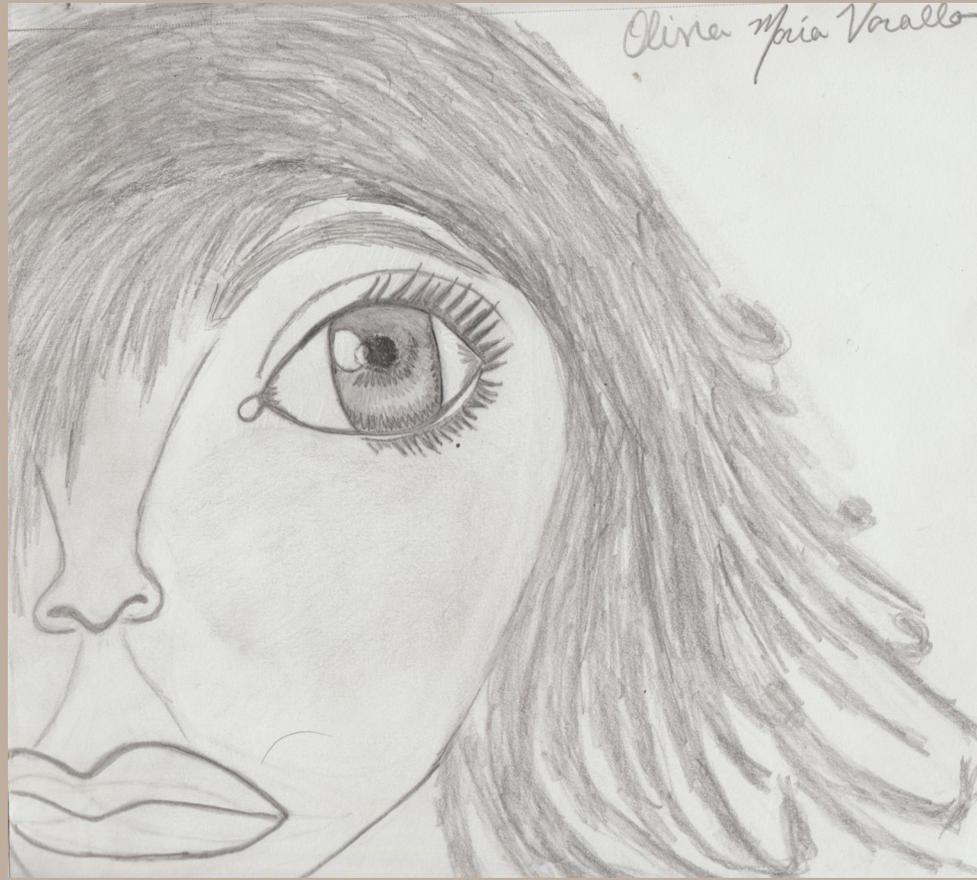
Procedure

- ♥ Preheat oven to 350 degrees F
- ♥ Blend the cup of strawberries in blender
- ♥ In large bowl beat together eggs, white sugar, veggie oil, Vanilla extract, lemon zest, and strawberry puree. Stir in dry ingredients. Place in cupcake holders 2/3 way full.
- ♥ Bake until risen and inserted toothpick comes out clean. Cook for 23 mins. Let them cool for about 10 mins.
- ♥ In a clean bowl electrically cream together butter and confectioners' sugar and vanilla extract. Drop red food coloring. Beat until lump free. Frost cupcakes with 2 tablespoons of frosting on each cupcake.
- ♥ Serve with family and friends





Poetry and Arts





What Is Valentine's Day?

It's that time of year again, where love is being exchanged. Children and adults are making cards to give anonymously to someone they admire. But what does this all mean? Where did Valentine's day come from? Why do we still celebrate it today?

♥ Where did it all originate from?

Valentine was a Catholic Saint who showed acts of courage, romantic sympathy, and compassion. The legend is murky of how this famous day came to be. However, it is known that Saint Valentine sent a card to his jailer's daughter and signed the card "from your valentine". This expression is now commonly used for card greetings during this time of year.

♥ Why do we still celebrate this holiday today?

The first official valentine was sent on 1415 by Charles Duke of Orleans to his wife while he was imprisoned. This seems to be a reoccurring theme- sending love notes to those incarcerated. If I were to be imprisoned, I would want a note showing my companion's devotion too. Different forms of devotional cards have been shared with others, but with improved printing technology we started to see printed cards instead of handwritten ones in the early 1900's. This holiday has been celebrated each year on February 14th to Pay respect to the desisted saint, but also because receiving a love note is worthwhile.

So this year a simple sign to let someone know your caring about them will go a long way. It does not have to be fireworks and an extravagant display. Something more simple like a "hello text happy Valentine's day. I care about you and just wanted to let you know" goes a long way. So spread the love this year!

Ah, Valentine's Day--a day of candy, annoying friends, and... flowers.

R-Ruh-Ruh-RIIIIINNNG! When the bell signaled for lunch, Ruby ran out of the classroom, eager to get away from all of the lovey-dovey commotion. Even though it was Valentine's Day, she didn't prepare herself for the amount of chocolates, flowers, and shippers that were to come. She pulled her red hood and put on her earbuds to drown out the endless "I love you's that filled the air.

"Ruby!" Kelsie yelled from afar, piercing through Ruby's earbud-barrier. Ruby sighed and paced her walking for her friend to catch up. Facing her friend, she narrowed her eyes, seeing her friend's arms overflowing with chocolates and cards. "Got a lot of Valentine's, huh Kelsie?"

"Yup, and so did I," jumped in Ruby's sister, Aliya. She cast her bunny-shaped chocolates high above her shoulder, jiggling them up and down. "You can have some if you want to..." she teased. Ruby sent back a lighthearted smile as she popped one in her mouth. Oh, so strawberry-creamy... "Hey! Don't eat them all, Ruby! Don't you have some too?"

"Nope," Ruby replied with a mouth full of chocolate.

"Kelsie's jaw dropped to the floor. "Well, there's absolutely no way I'm letting you leave school without somebunny. After all, we're 'all in this together'." Winking, she pointed to the tall lad carrying a basketball.

"Yes, because an unathletic gamer like me should totally go with Troy, the captain of the basketball team," Ruby replied.

"C'mon, Ruby! Get your head in the game!" Aliya cheered. "How about that guy? He's smart." She points to a boy with an oversized sweater and a handful of books. "Really? Watson?" Ruby glared at her sister.

Aliya and Kelsie exchanged expressions, desperation clearly masking their faces. "How about him?!" Kelsie pointed at a random guy. "He... He likes cats, and I've heard he's some kind of faunus or something, which means he really likes animals... I think."

"Oh, Adam? Yeah!," Aliya immediately agreed, "He has a good reputation-ish and is good with a bow--"

"Guys! It's not Make-Me-Suffer Day," Ruby whined. Ignoring their protests, Ruby stomped for the outdoors to get away from all the annoying shipping. Too tired to think, Ruby plopped herself at a table, not bothering to see who was beside her. "Happy Valentine's Day," she muttered. Suddenly, a familiar digital ROAR reached Ruby's ears. She instantly perked up to see who was playing her favorite game. Ruby looked to the right and saw a boy failing at hiding his game controller. "Hey, is that Grimm Tale?"

The teen looked up with shock. "Uh, yeah," he muttered. "You play?"

Ruby sat up straighter. "Yup. Chapter 12."

The boy smirked. "Chapter 17."

Ruby gasped. "What? How did you get pass the Grimmlock?"

"By using a special item," he smiled, "Give me your username. I'll give it to you."

"Seriously?! Thanks." Ruby eagerly exchanged usernames with him and voila!

Now obtained: Ruby Rose. "There you go, Little Red."



Contact Us

Would you like to join Student Council? This school club can be challenging, but rewarding. Email us with a brief description of your interest, and a group of our council members will be contacting you further with information for semester two enrollment. If you have questions you would like answered, a team of highly professional members will answer you directly via email. Our council email is gca.askthecouncil@gmail.com

Do you have Facebook? So do we! If you want to learn more about student council updates send us a friend request. Our name is GCAHS Student Council.

If you are more of a twitter person then that is great as well. Our name on twitter is [@gca_stuco](https://twitter.com/gca_stuco)



SPECIAL THANKS

I would like to thank Mrs. Blayton for making sure every newsletter was presented to the school on time. Without her assistance I would not have this wonderful Newsletter you are reading today. We are so fortunate to have you as our advisor!

To my members: Thank you for attending our meetings. I appreciate your submissions. The word choice was lovely, many emotions were evoked while reading, and I am so thankful for this year together. You are each individual writers, and I am honored to work alongside you all.

Olivia Varallo and Aleeah Muhammad bringing you a newsletter that makes you laugh, smile, and learn.

